



CONTACT DATA & APPOINTMENT SERVICE:

You can make appointments and obtain details concerning investigations at the Private Practice Center Rudolfinerhaus:

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THE MEMORY CENTRE AT RUDOLFINERHAUS – EXPERTISE FOR DEMENTIA

Of the various forms of dementia, Alzheimer's disease takes the position of foremost importance. However, not every form of memory disorder (the inability to retain and recall information) is a grave disease such as dementia – it may occur due to other causes. For timely and appropriate treatment of all cognitive disorders, early detection is of crucial importance.

The Memory Centre at Rudolfinerhaus Private Clinic in Vienna is your first point of contact for concerns relating to possible memory deficits, memory disorders, and dementia. Udo Zifko, MD, head of the Memory Centre, is a specialist in neurology and psychiatry, as well as an internationally renowned specialist for dementia and its diagnosis. A team of neurologists and clinical psychologists will attend to your concerns.

COMPREHENSIVE DIAGNOSTICS ON SITE & TREATMENT OF ALZHEIMER'S DISEASE

Furthermore, the Memory Centre at Rudolfinerhaus is one of the few centres that is approved for the administration of a novel therapy for Alzheimer's disease. The infrastructure at Rudolfinerhaus offers you investigations, diagnostic procedures, and additional personal services directly at the hospital:

- · Consultation with specialists
- · Laboratory tests & genetic tests
- $\cdot \ {\sf Neuropsychological\ diagnostic\ procedures}$
- · Diagnostic imaging (high-resolution MRI, CT)
- · Lumbar puncture and cerebrospinal fluid analysis
- · Physical therapy
- · Counselling for relatives
- · Nutrition counselling

NEUROLOGICAL CHECK UP PACKAGE

MEMORY CHECK (takes about 4 hours, on an outpatient basis)

Clarification in case of the first signs or sensation of memory disorders, or worries about possible memory deficits.

- · INITIAL CONSULTATION WITH A SPECIALIST IN NEUROLOGY, specialist for dementia, including medical history
- · BLOOD ANALYSIS INCLUDING RISK PROFILE DOCUMENTATION complete blood count, inflammation parameters (CRP), electrolytes (Na, Ca, K, Cl), blood sugar, liver values (GOT, GPT, gamma-GT, bilirubin, alkaline phosphatase), cholesterol (total, HDL, LDL), kidney values (creatinine, blood urea nitrogen), thyroid (TSH), vitamin B12
- · NEUROPSYCHOLOGICAL DIAGNOSTIC INVESTIGATION (takes about 1 to 1.5 hours)
- · FINAL CONSULTATION WITH THE DOCTOR and discussion of reports after about 2–3 weeks

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INNOVATIVE THERAPY FOR EARLY-STAGE ALZHEIMER'S DISEASE

The new active substances lecanemab (Leqembi[™]) and donanemab (Kisunla[™]), approved in the EU in 2025, are the first effective treatment for Alzheimer's disease throughout the world. Both substances are monoclonal antibodies that act on the protein amyloid-beta. Amyloid-beta is responsible for the plaques in the brain causing Alzheimer's disease, which lead to the death of nerve cells in the brain. The active substance identifies and binds this protein. This triggers an immunological response in the brain. The plaques are transported out of the body and the emergence of new plaques is prevented. The treatment cannot cure Alzheimer's disease, but can slow down the progression of the disease as well as the deterioration of cognitive function. The probability of the disease passing on to the next higher stage of severity is reduced by about a third compared to the absence of this treatment.

WHO IS PERMITTED TO RECEIVE THIS TREATMENT?

The medications are only suitable for those with Alzheimer's disease in the early stage, in whom the disease has been diagnosed with absolute certainty. This refers to persons who have a largely normal daily life, are still partly professionally active, but notice difficulties in short-term memory. Therefore, early detection is essential for the treatment. Risk factors must be ruled out prior to the start of therapy in order to avoid potential side effects of the medication. Contraindications include a specific gene variant, microbleeding, coagulation disorders, or anticoagulant drugs. Follow-up investigations are performed regularly during the treatment.

The Memory Centre at Rudolfinerhaus is one of the few centres in the whole of Europe that is permitted to administer this treatment by infusion. Currently, Austrian patients may only be treated at the University clinics (as of October 2025); diagnostic investigations and follow-up controls may be performed at Rudolfinerhaus. Non-Austrian citizens may avail themselves of the infusion therapy at the Memory Centre with immediate effect – either with a private health insurance or as self-payers.

ACCESS TO TREATMENT WITH LECANEMAB & DONANEMAB

TREATMENT FOR THOSE WITH EXISTING DIAGNOSTIC APPROVAL

For those who have all diagnostic reports that favour treatment with one of the two substances – lecanemab or donanemab – the treatment can be started immediately.

- TREATMENT AND APPROVAL of the existing reports by a specialist in neurology, specialist for dementia
- OUTPATIENT INFUSION THERAPY (duration 2–4 hours):
 Lecanemab: 2 x per month for 18 months (in all 36 infusions)
 Donanemab: 1 x per month for 18 months (in all 18 infusions)
 The first infusion is administered during an in-patient hospital states for a night.
- · FOLLOW-UP DIAGNOSTIC INVESTIGATIONS (as outpatients, under ongoing treatment) consisting of regular MRI control investigations and neuropsychological tests

PRICE ON REOUEST

IF TREATMENT IS DESIRED IN THE ABSENCE OF DIAGNOSTIC APPROVAL

If Alzheimer's disease has been diagnosed at an early stage but a patient's suitability for treatment with one of the two active substances has not yet been clarified, the investigations required for this purpose can be performed.

- FIRST CONSULTATION with a specialist in neurology, specialist for dementia
- IN-HOSPITAL STAY (1–2 nights) for comprehensive neurological, neuropsychological and internal diagnostic investigations

PRICE ON REQUEST

RUDOLFINERHAUS PRIVATE CLINIC

THE MOST MODERN TREATMENT, BY TRADITION.

For more than 140 years, Rudolfinerhaus Private Clinic has been known as one of the best private clinics in Austria, with leading specialists from various medical specialities. As a private patient you are free to select your doctor yourself. The doctor will take all the time you need, attend to all your procedures, and remain your point of contact in all medical issues. You may avail yourself fully of our facilities, the comprehensive modern infrastructure, and the extensive knowledge of our competent specialists. Our highly qualified nursing staff are available for you around the clock. Thus, you will be ensured uninterrupted and best possible medical care.

EFFICIENTLY ORGANISED & WITH NO DELAY

At Rudolfinerhaus we believe that the best care should also be the fastest one. You may rely on the fact that we will treat you very promptly, and carefully organise all investigations, interventions, treatments and follow-up investigations during your stay, regardless of whether you are undergoing in-patient or out-patient treatment. In other words, your medical treatment will not only be extensive and complete, but also expeditious and with devoid of any stress for you.

FACILITIES & SERVICES

In addition to optimal medical care, Rudolfinerhaus offers a most modern ambience for your well-being – generously spaced premium rooms with room service, our park, and our à la carte restaurant – all invite you to linger in the premises. Our chef will pamper you with a wide range of dishes and types of food.









SERVICE FOR INTERNATIONAL PATIENTS

Our Medical Support shall assist you prior to your departure from your home country in regard of any queries you may have – whether you wish to network with the suitable doctor for your concerns, you wish to have a transparent cost assessment, need assistance with visa applications, organising an interpreter, or translating your reports. You can converse with our doctors and staff members in English. If desired, we can organise everything for you with our partners – with our fee-based comprehensive service. From the flight to the airport transfer to sight-seeing tours and opera tickets and even hotel rooms for your accompanying persons at special rates and conditions – please contact us early for such matters.