



**DAY CLINIC & ENDOSCOPY**

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## PREPARATION FOR GASTROSCOPY

Dear patient,

you have made an appointment for a gastroscopy. **You must have an empty stomach for this examination!** This means that **you must not consume any solid food (including milk and dairy products) for at least 6 hours** before the examination and **no liquids for at least 3 hours** before the examination. It is recommended that you do not smoke on the day of the examination.

## SEDATION

Gastroscopy is usually performed under twilight sedation. For this purpose, a drug is administered into your vein. After sedation, **you must not drive a vehicle or operate machinery for 24 hours and you should not make any important decisions!** We strongly recommend that an adult accompanies you or picks you up after the examination.

## TAKING MEDICATION

**If you are taking medication that affects blood clotting** (e.g. Marcoumar, Sintrom, Plavix, Clopidogrel, Brilique, Efient, Pradaxa, Lixiana, Thrombo-ASS, ...) you must stop taking it in good time. Discuss this with your doctor at least 1 week before the examination. If you are taking **Ozempic** or similar drugs (e.g. Saxenda, Wegovy, Mounjaro, Victoza, ...), you must discontinue them 1 week before the examination. Delayed gastric emptying can lead to serious complications.

## GENERAL INFORMATION

If you have already received **information sheets** from your doctor, please **bring these completed and signed with you to your examination.**

If you are unable to attend your planned examination appointment, please **cancel** as early as possible, but **no later than 24 hours before** the examination:

- by phone at (01) 360 36-6459 or
- by e-mail at tagesklinik@rudolfinerhaus.at

On the day of the examination, please arrive at the Rudolf Finerhaus **30–60 minutes** before your scheduled appointment and **report to the Outpatient Admission**, where we will record your details and register you for the examination. After registration, please come to the **Day Clinic & Endoscopy on the ground floor.**

We endeavour to make your stay as pleasant and smooth as possible and wish you all the best!