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**RUDOLFINERHAUS
PRIVATE HOSPITAL**
VIENNA'S LEADING PRIVATE HOSPITAL

CARE FOR YOUR HEALTH

A regular health check helps to identify diseases early and lead a healthy and painfree life. Therefore, Rudolfinerhaus offers screening investigations, which you can carry out conveniently and efficiently within a day. The great advantage for you: All examinations are performed on premise in our clinic and evaluated immediately. Our preventive check ups consist of different comprehensive examinations. The additional Full Body Screening® (with MRI) provides you with more knowledge about your health condition. If you wish, we can also add any specific examinations or consultations by a specialist to your check up program.

MEDICAL CHECK UP – A DAY FOR YOUR HEALTH

Here is how your screening day goes:

- Explanatory interview at 8 a.m. and blood sampling in the Private Outpatient Clinic (please come fasting)
- Examinations
(the number of examinations depends on the selected check up)
- Breakfast in our restaurant
- Consultation with the physician & discussion of the patient's clinical findings (optionally by video-call as well)

CHECK UP PACKAGES

CHECK UP (duration: about 3 hrs)

- EXPLANATORY INTERVIEW incl. medical history, vaccination check, measurement of body fat & BMI
- Measurement of blood pressure & resting ECG
- BLOOD & URINE ANALYSIS incl. complete blood count, blood glucose, cholesterol (total, HDL, LDL), blood coagulation (PT, PTT), electrolytes (Na, Ca, K, Cl), kidney (CREA, BUN), liver (AST, ALT, BILI, AP, Gamma-GT), inflammation (CRP), vitamin D, thyroid (TSH), Hemocult-test (stool), for men over 40 prostate (PSA)
- ULTRASOUND OF CAROTID & THYROID GLANDS
- CONSULTATION WITH THE PHYSICIAN & discussion of clinical findings
- BREAKFAST in the restaurant

490 €

PREMIUM CHECK UP (duration: about 1 half-day)

- EXPLANATORY INTERVIEW incl. medical history, vaccination check, measurement of body fat & BMI
- Measurement of blood pressure, resting & stress ECG
- BLOOD & URINE ANALYSIS incl. complete blood count, blood glucose, cholesterol (total, HDL, LDL), blood coagulation (PT, PTT), electrolytes (Na, Ca, K, Cl), kidney (CREA, BUN), liver (AST, ALT, BILI, AP, Gamma-GT), inflammation (CRP), vitamin D, thyroid (TSH), Hemocult-test (stool), for men over 40 prostate (PSA)
- ULTRASOUND OF CAROTID, THYROID GLANDS & ABDOMEN (upper & lower abdomen)
- HEART ULTRASOUND (echocardiography)
- LUNG FUNCTION TEST
- CONSULTATION WITH THE PHYSICIAN & discussion of clinical findings
- BREAKFAST in the restaurant

990 €



FULL BODY SCREENING® – INVESTIGATION WITH MRI

The Full Body Screening® uses magnetic resonance imaging, which rapidly delivers insight into your health condition. Our 3 Tesla MRI scanner enables us to assess your organ systems comprehensively (head, cervical spine, ribcage, abdomen) and can detect changes, like inflammations and tumors, at an early stage.

In combination with one of the medical check ups, the Full Body Screening® provides an optimal examination of the body's most important organs and blood vessels.



**FULL BODY
SCREENING**
RUDOLFINERHAUS

FULL BODY SCREENING®

(only in combination with one of the offered medical check ups)

The Full Body Screening® offers a comprehensive radiological scan of your body with highly resolving 3 Tesla MRI scanner, in particular:

- Head
- Cervical spine
- Thorax (lungs)
- Abdomen (upper & lower abdomen)
- Sedation is optional

990 €

COLONOSCOPY

Anaesthesia, specific lab values and histology included
(polypectomy is possible at an extra charge)

- For policyholders of Austrian private inpatient insurance, we bill your insurance provider directly. For patients with an international health insurance, check the billing options with your insurance provider

- Without Austrian private inpatient insurance 1.390 €

GASTROSCOPY & COLONOSCOPY

Anaesthesia, specific lab values and histology included
(polypectomy is possible at an extra charge)

- For patients with Austrian private inpatient insurance, we bill the colonoscopy directly to your insurance provider. 690 €

- Without Austrian private inpatient insurance 1.990 €



COLON CANCER PREVENTION – SAFE AND AS COMFORTABLE AS POSSIBLE

Colon cancer can be efficiently treated at an early stage but prevention is always preferable. Therefore, people aged 50+ (and earlier in case of family predisposition) should undertake a preventive colon examination (colonoscopy) every 6–10 years. Please discuss all information needed to prepare for the procedure and for laxative with our specialist in the Day Clinic. In order to perform colonoscopy for patients as comfortably and painlessly as possible, we offer sedation by an anaesthesiologist. He also monitors the patient's sleep throughout the procedure. After the intervention, we bring you to an individual relaxation room, where you can wake up and rest. Please make sure that you do not drive a vehicle after a sedation.

SERVICE & COMFORT

- Efficient schedule of examinations & rapid evaluation of all findings by our highly qualified doctors
- Most modern medical equipment
- All examinations take place under one roof
- Discussion on the patient's findings is also possible by video-call
- Translation of the patient's medical reports into a foreign language if required, interpreting service at an extra charge
- À-la-carte-Restaurant in our lobby
- Wi-Fi in the entire hospital
- Free electronic access to more than 400 Austrian and foreign newspapers and magazines in all waiting rooms
- Underground car park

CONTACT & APPOINTMENTS:

For check up appointments and more details about examinations please contact Private Outpatient Clinic:
T +43 (0)1 360 36-6468, checkup@rudolfinerhaus.at